



Composting Worm Bin

Vermicomposting - using worms to turn food waste into soil - is an increasingly popular way to reduce the amount of waste in landfills. A composting worm bin is easy to start in your own home with a medium or large plastic tote and these simple instructions.



Buy Your Worms

We like Uncle Jim's Worm Farm
<https://unclejimswormfarm.com>

Red Wiggler Worms

Guaranteed to Arrive Alive

Composting Bin Setup

Choose a sturdy plastic bin with a lid. Drill small holes in the lid for light and air.



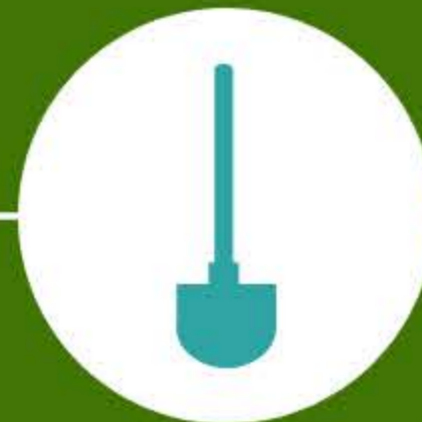
#1

Shredded Paper



#2

Worms in Peat Moss



#3

Potting Soil (Optional)



#4

Water to Moisten



Feeding Your Worms



Fruits
Grains
Paper
Coffee Grounds

Vegetables
Tea Leaves
Egg Shells

Meat
Poultry
Fats & Oils

Dairy
Fish



Wandering Worms

Put a light over your worm bin to keep the worms inside

Fruit Flies & Other Bugs

To avoid fruit flies, stop feeding fruit, especially citrus. Beetles & other decomposers mean your bin is healthy!