

## Trails for Skiing

*NOTE: Trails are not groomed.*

**EASY** - The trails at the nature center, on the east side of Asbury Woods, are easy, with little slope for beginners. Trails are mostly wooded with a good variety of open forests, evergreens and meadows. Please do not ski on the boardwalk.

**MODERATE** - The trails behind Asbury Barn to the Monahan Deck have gentle slopes and turns with moderate difficulty. Trails are wooded and cross scenic wetlands with boardwalks.

The trails at Brown's Farm are also moderate difficulty with a variety of sloped trails in the open fields, great for practicing hills and turns.

**DIFFICULT** - The trails from the Monahan Deck (behind Asbury Barn) to the top of the bluffs at Brown's Farm are difficult with steeper slopes and turns requiring the ability to stop and turn (or remove skis). Uphill climbs will require herring bone technique.

### **SNOWSHOEING:**

All above trails are appropriate for snowshoeing, with similar difficulty mostly due to climbing hills.

## Cross Country Ski & Snowshoe Rentals

### FEES

*Rates per hour*

#### **Members:**

\$4 Adults

\$3 Children under 16

#### **Non-members**

\$5 Adults

\$4 Children under 16

#### **Full Day Rental**

\$16 for members, \$12 under 16  
\$20 for non-members, \$16 under 16

### AVAILABLE

Tuesday-Saturday: 10 am - 4 pm

Sunday: noon - 4 pm

*Last rental must go out by 3 pm*

### GUIDELINES

Please do not wear skis on bare pavement.

Do not ski on boardwalk at nature center.

### **Group Ski and Snowshoe programs**

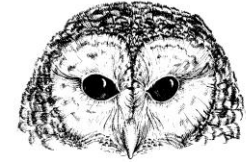
are available by appointment. Please

call (814) 835-5356 for details

or visit us on the web at

[www.asburywoods.org](http://www.asburywoods.org) for

more information



**ASBURY WOODS**  
*A natural experience*

## Cross Country Skiing & Snowshoeing



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# Asbury Woods Trail Map

